

**University of the Punjab,  
Lahore**

<b>Programme</b>	<b>BS Home Economics Semester System (FYDP)</b>	<b>Course Code</b>	HETF-105/ HETF-105L	<b>Credit Hours</b>	<b>3(1+2)</b>
<b>Course Title</b>	<b>ADVANCED CLOTHING TECHNIQUES</b>				
<b>Course Introduction</b>					
In this course student will learn the advanced techniques to construct the garments of varied styles. They will apply different garment design details using fabrics with different textures, drape and cuts					
<b>Learning Outcomes</b>					
On the completion of the course, the students will: 1. To handle special fabrics used in apparel regarding their cutting and stitching. 2. To enable the students to understand different garment details, their types and constructions.					
<b>Course Contents</b>					
Week 1	<b>Five standards to good fit:</b> Ease, Line, Grain, Set, Balance				
	Tools and equipment for making patterns				
Week 2	Causes of poor fit				
	Measurements of individual figure Construction of Basic Blocks (bodice, sleeve)				
Week 3	<b>Standardization of sizes:</b> Introduction to standardization of sizes, Grading of sizes				
	Construction of Basic Blocks (skirt, trouser) <b>Assignment</b>				
Week 4	Methods of Pattern Alteration and Principles of Pattern making				
	Application of Pattern Alteration on Basic Blocks Introduction to construction of night pajama suit with yoke and collar				
Week 5	<b>Selection and handling of special fabrics:</b> Sheer fabrics				
	Drafting of Pattern of night pajama suit with yoke and collar				
Week 6	<b>Selection and handling of special fabrics:</b> Knit fabrics, Napped fabrics <b>Presentation</b>				
	Cutting of night pajama suit with yoke and collar				
Week 7	Selection and handling of special fabrics: Net and lace, Pile fabrics				
	Stitching of night pajama suit with yoke and collar				
Week 8					
Week 9	Yokes with varied shapes (fullness and without fullness)				
	Introduction to Material and Construction of Pattern for Blouse				

	Variation in Basic Blocks	
Week 10	Gores, Flare	
	Cutting of Blouse Application on Basic Block	
Week 11	Tucks, Pleats	
	Stitching of Blouse	
Week 12	<b>Sleeves:</b> Types of sleeves	
	Foundation pattern of Types of sleeves	
	Introduction to Construction of lower with special cut (pleat, gores, gathers)	
Week 13	Sleeve length	
	Pattern of lower garment with special cut	
Week 14	<b>Collars:</b> Collars general principles of construction	
	Flat, standing, collar with lapels, cut in one with the garment	
	Cutting of lower garment with special cut	
Week 15	Revision	
	Stitching of lower garment with special cut	
Week 16		

### Text Books and Reading Materials

#### Recommended Books

Davies, K., & Barr, T. (2015). Yokes. Kate Davies Designs Ltd  
Erwin, M. D., & Kinchen, L. A. (1969). Clothing for moderns. Macmillan.  
Erwin, M. D. (1954). Practical dress design: principles of fitting and pattern making. MacMillan  
Hillhouse, M. S., & Mansfield, E. A. (1948). Dress design, draping and flat pattern making.  
Houghton Mifflin Company.  
Aldrich, W. (2008). Metric Pattern Cutting for Women's Wear. Blackwell Publishing

### Teaching Learning Strategies

Lecture-based learning through lectures and presentations.  
Group learning through Group presentations.  
Individual learning- through Quizzes and Assessments

### Assignments Types and Numbers

<b>Assessment and Examinations</b>			
<b>Sr. No</b>	<b>Elements</b>	<b>Weightage</b>	<b>Details</b>
1.	Mid Term Assessment		
2.	Formative Assessment		
3.	Final Assessment		